



Autism Clinic

MAIN: 501-315-4414
FAX: 501-315-0075

17706 I-30 Frontage Rd Suite 3
Benton, Arkansas 72019

AUTISM SYMPTOM CHECKLIST

This checklist for warning signs associated with autism spectrum disorder (ASD) symptoms should be used as a guide for your discussion with health care professionals only. Caregivers or individuals completing this form must remember that people without ASD may also exhibit many of these symptoms. However, individuals with ASD generally struggle with daily activities due to these symptoms.

Mark each item below that adequately describes common behaviors currently or during early development:

- Did not respond to own name by 12 months of age
- Did not point at objects to show interest by 14 months of age
- Did not play "pretend" games (i.e. pretending to feed a doll) by 18 months of age
- Avoids eye contact
- Prefers to be/play alone
- Has trouble understanding other's feelings or talking about own feelings
- Has delays in development of speech and/or language skills
- Repeats words or phrases over and over (echolalia)
- Gives unrelated answers to questions
- Gets upset by minor changes in schedule or activities
- Has obsessive interests in objects or activities
- Flaps hands, rocks body, or spins in circles
- Has unusual reactions to the way things sound, smell, taste, look, and/or feel
- Does not share interests with others or only interacts to achieve a desired goal/object
- Has flat or inappropriate facial expressions
- Avoids or resists physical contact possibly including hugs, holding hands, etc.
- Has frequent and difficult-to-manage tantrums or behavioral outbursts
- Does not understand sarcasm, jokes, etc.
- Talks in a monotone or robot-like voice
- Unable to communicate verbally - individual does not use words to speak
- Plays with toys the same way each time - may be ritualistic with play routines
- Hyperactivity (very active) - whether be officially diagnosed or not
- Impulsive behaviors (i.e. acting without planning or thinking through actions first)
- Aggressive behaviors, behavior problems or frequent mood swings/emotional reactions
- Has unusual eating habits
- Has unusual sleeping habits

Total: _____ Client Name: _____

Date of Birth: _____

Person Completing this Form: _____

Date: _____

1. Johnson, C.P. Early Clinical Characteristics of Children with Autism. In: Gupta, V.B. ed: Autistic Spectrum Disorders in Children. New York: Marcel Dekker, Inc., 2004:85-123.
2. Centers for Disease Control and Prevention (CDC) website article: Autism Spectrum Disorders, Signs and Symptoms, 2015